

## National and Kapodistrian University of Athens

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Athens, 27/11/2020 Cert.Num: 2021-C00486

## **CERTIFICATE OF ANALYSIS**

**Analysis Date: 27/11/2020** 

Owner: OLIVELAWON I.CH. KAMPOURIS E.E.

Variety: AGRIELIA

Origin: KORINTHIA GREECE

**Harvest Period:** November 2020

## **Chemical Analysis**

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Oleocanthal	222	mg/Kg
Oleacein	226	mg/Kg
Oleocanthal + Oleacein (index D1)	449	mg/Kg
Ligstroside aglycon (monoaldehyde form)	104	mg/Kg
Oleuropein aglycon (monoaldehyde form)	182	mg/Kg
Ligstroside aglycon (dialdehyde form)	437	mg/Kg
Oleuropein aglycon (dialdehyde form)	455	mg/Kg
Total tyrosol derivatives	764	mg/Kg
Total hydroxytyrosol derivatives	864	mg/Kg
Total polyphenols analyzed	1.627	mg/Kg

## Comments:

The levels of oleocanthal and oleacein are higher than the average values (135 and 105 mg/Kg respectively) of the sample included in the international study performed at the University of California, Davis.

The daily consumption of 20 g of the analyzed olive oil provides 32.5 mg of hydroxytyrosol, tyrosol or their derivatives. Olive oils that contain >5 mg per 20 gr belong to the category of oils that protect the blood lipids from oxidative stress according to the Regulation 432/2012 of the European Union.

It should be noted that oleocanthal and oleacein present important biological activity and they have been related with anti-inflammatory, antioxidant, cardioprotective and neuroprotective activity.

The chemical analysis was performed according to the method published in J.Agric. Food Chem., 2012, 60 (47), pp 11696-11703, J.Agric. Food Chem., 2014 62 (3), 600-607 and OLIVAE, 2015, 122, 22-33.

\*Oleomissional+Oleuropeindial \*\*Ligstrodial+Oleokoronal

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